



Children's Sailing Trust Annual Review 2020



www.childreussailingtrust.org.uk

Registered charity no: 1165396





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Co-Chairmen's Review



Martin Barlow



Charles Richardson

This is not our normal style of Annual Review reflecting on the past year and milestones achieved. Covid-19 restrictions prevented any teaching activity on the river in 2020. We used the government's Job Retention Scheme to conserve resources and, where funding allowed, employees were retained to maintain fundraising and preparations for 2021. As a result, there is still much to report and in particular to look forward to in the years ahead.

Great progress has been made during the year at Trevassack Lake which is now in the exciting construction phase and really taking shape. In the first national lockdown all work on the site had to stop and as a result the opening date for the new facility is now July rather than April 2021.

The facilities at Trevassack Lake make it possible for us to offer watersports teaching to children of all abilities from across the county and further afield. Reflecting this change and the broadening of our reach, the trustees have decided this is an appropriate time to re-name the charity, the Children's Sailing Trust. Residential accommodation at the lake will be promoted separately, as Trevassack Holidays.



Charles and Claire Richardson in the Boaty McHops Boat fundraising for the 2.6 Challenge.



Martin Barlow in the bath fundraising for the 2.6 Challenge.

After all the difficulties and stress of the last year we know schools, parents and children alike will be keen to see our teaching services start again as soon as possible. We have several new boats, new changing rooms in Helford Village, some new activities planned and a new Activity Manager Vicki Thurston, raring to go!

We are delighted to welcome Gina Briggs. Gina, former head of the Special Partnership Trust and Curnow School in Redruth, brings a wealth of educational experience, especially teaching children with disabilities and special needs. Gina joined the board of trustees in December.

It has been very heartening to see continuing support for the charity during such a difficult time. We would like to thank all our funders, trustees, volunteers and staff for their great work and support. We would particularly like to thank Helen Bishop-Stephens, our Fundraising Manager, who is moving on to a new challenge at Cornwall Neighbourhoods for Change. We would not be in the strong position we are today without Helen's excellent contribution over the last three years.

Martin Barlow, Co-Chairman
Charles Richardson, Co-Chairman

Trevassack Lake takes shape

Our focus during 2020 has been to make sure we're in the best position possible to get children back out on the water when the Covid-19 restrictions are lifted, so 2021 is going to be an incredibly exciting year when all the hard work of the Trust comes together.

Work began on-site at Trevassack Lake in July, as soon as social distancing guidelines permitted. Brady Construction Services made extraordinary progress through the Autumn and by December the timber frame was up, and we were able to walk through the main entrance of the magnificent accessible Learning Centre at Trevassack Lake and get a feel for what it will be like when it is completed this summer.



Interior design for the Learning Centre Classroom.



The Learning Centre has level access and thresholds throughout as well as changing facilities for schools and Changing Places facilities for those with additional needs.

The Bradbury lodge right next to the water is already taking shape and you can stand inside and look out over the water and imagine what an incredible place this will be for families to stay. With an integrated ceiling hoist, wetroom, specialist profiling beds and adjustable height kitchen the three high-dependency lodges at Trevassack will provide specialist support for children with disabilities, so that the whole family can enjoy an inclusive activity holiday.

The main focus of the project at Trevassack has been to make sure ALL children can access sailing and other watersports: there really will be no other centre quite like it in Cornwall or even the UK.



The Learning Centre and three three-bedroom lodges will be open in July. We are also planning to build a further three two-bedroom lodges this year, subject to funding.

But as well as breaking down the physical barriers to watersports the site at Trevassack will generate sustainable income for the Children's Sailing Trust, allowing us to offer more subsidised watersports for local children both on the Helford River and at the Lake.

We believe there is nothing better for the physical and mental health of children than being outdoors and learning watersports and that this activity is going to be more important than ever for the wellbeing of children in 2021.

Simon Osborne, Chief Executive

Looking to the future



The fundamental aim of all our activities is to provide opportunities for everyone to experience watersports. By increasing the range of courses we offer, we hope more children will get out on the water more frequently, for example by attending one of our 'terms' offered either after school midweek or at weekends. These complement our ever-popular 4-day holiday courses, where visitors join with locals to develop sailing skills and confidence. The chart below shows the opportunities for training and progression provided by the Children's Sailing Trust.

But developing skills and confidence is not just about taking courses. Time on the water is where competency and confidence are established, and our new CST Youth Club and Race Club offer just that. Both clubs will provide an un-pressurised, affordable setting for children to practice, supervised by the Trust.

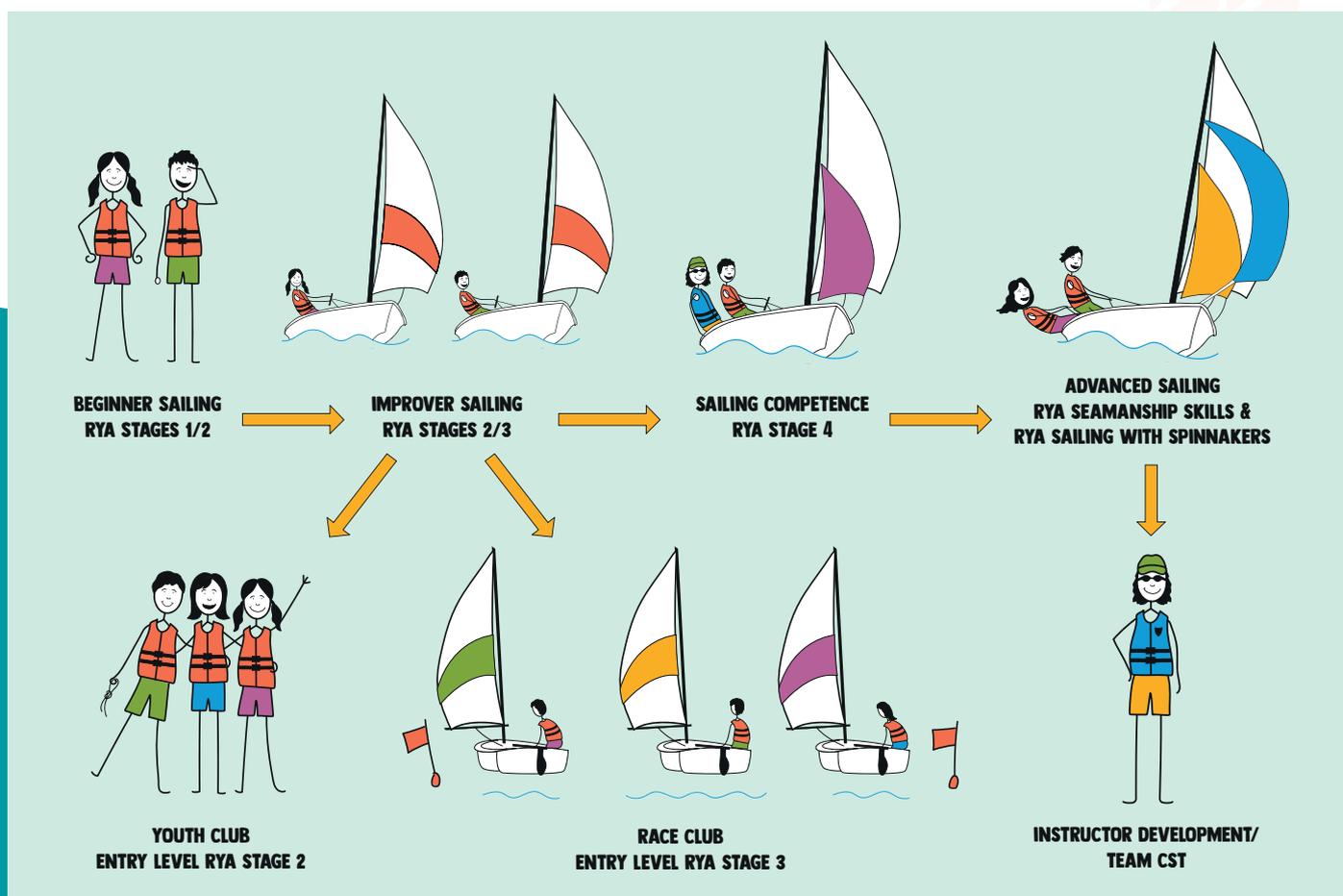
We are really pleased to offer 6 bursary places each season funded by the Trinity House Maritime Charity for three years.

A particularly exciting new activity to come in 2021 are the 'Wet 'n Wild' sessions. These multi-activity sessions are an excellent introduction to watersports or simply a fun active way to spend a few hours! With the sheltered and secure waters of Trevassack Lake, we have been able to extend this activity to the younger children. Our 'Wet 'n Wild: Ducklings' sessions are exclusively for 6-8 years olds to learn water confidence and safety, whilst having a fun and social introduction to watersports.

We are also increasing opportunities beyond the youth sessions through our instructor training pathways. Teaching sailing is an incredibly rewarding experience that develops confidence and character - skills that stay with you for life.

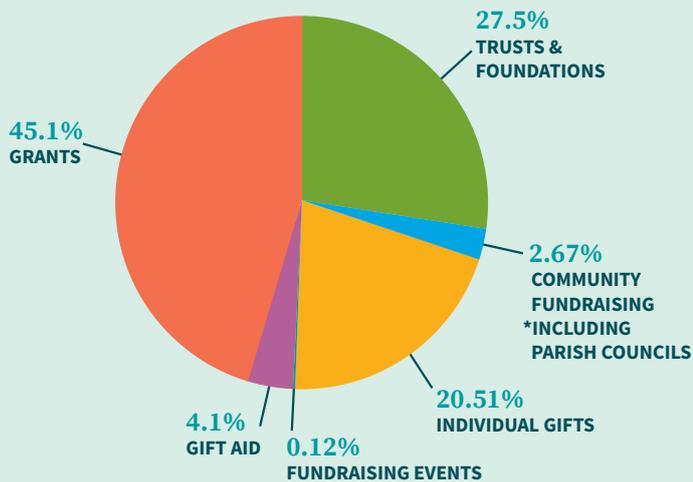
Furthermore, all our range of youth activities and pathways can be used towards the skills, physical or volunteering elements of the Duke of Edinburgh award programmes. We look forward to offering these opportunities to children of all abilities and ages soon.

Vicki Thurston, Activity Manager

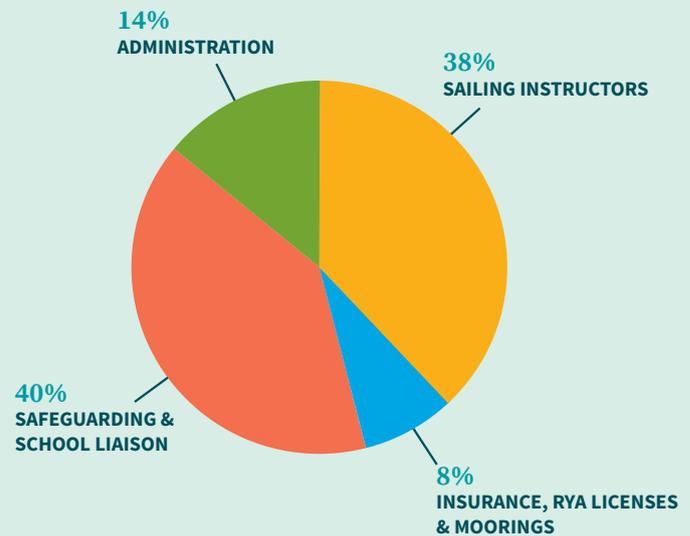


How we spend your donations

Where our funds come from



Expenditure in a typical year



It costs £638 to run a sailing session for up to 30 primary school children. This year our target is to raise **£103,500** in donations from individuals, companies, the community and our events to cover the cost of sessions.

Children's Sailing Trust Membership Scheme

The Children's Sailing Trust is launching a new membership scheme with a range of membership levels for individuals, families and couples and concessionary rates for families with one parent and for 18-25 year-olds.

Become a member today and support children of all abilities to:

- Experience the enjoyment, challenge and achievement of learning sailing and watersports
- Be safe on the water
- Learn about the marine environment by experiencing it

In return you'll receive:

- CST car sticker or CST burgee
- Priority booking for our holiday courses
- Invites to our members' events

Children's Sailing Trust memberships are available online or by phoning T: 01326 702326

We teach over 800 children how to sail each year. With your help, we can teach even more.

Ways to support us

There has probably never been a more advantageous array of tax benefits in return for donating to UK charities. Some examples of the key benefits are:

Gift Aid

For a 20% taxpayer, the charity can claim an extra £25 of Gift Aid for every £100 donated; a 40% taxpayer can claim back £25 of tax for every £100 donated, so the £100 donation costs £75 and the charity receives £125 including Gift Aid.

Gifts of Shares or other assets

Donors are entitled to Income Tax relief AND Capital Gains Tax relief on gifts of land, property or shares to charity.

Inheritance Tax and Legacies

Gifts left to charity in a will are deducted from the value of the estate before Inheritance Tax is calculated. Further information about legacy giving can be found on our website: www.childrenssailingtrust.org.uk.

How to make a gift

Online:

Gifts by debit or credit card can be made through our website: www.childrenssailingtrust.org.uk. You can complete a Gift Aid Declaration online when you make payment.

By BACS:

Payee: Children's Sailing Trust
Sort code: 30 98 90
Account number: 16014060

By Cheque:

Please make cheques payable to 'Children's Sailing Trust' and send to the following address:
Stable Court, Mawnan Smith, Falmouth, Cornwall TR11 5JZ

We have had a variety of non-monetary gifts to the Trust over the last few years which have made a valuable contribution, including boats and other equipment, which we are always happy to accept as long as we are free to sell any items that we can't sensibly use for the Trust.

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If you are making a gift by BACS or cheque, please complete and return the enclosed Gift Aid form to confirm that you are currently a UK taxpayer and agree that Children's Sailing Trust may claim Gift Aid on your donation.

Once you sign up to Gift Aid, your declaration is ongoing and will cover any future donations you may make. You only need to notify us if the following circumstances change - you no longer pay enough tax to cover your donations or you move home.

For further information, please see the Gift Aid Frequently Asked Questions page on our website www.childrenssailingtrust.org.uk or email: hsewell@childrenssailingtrust.org.uk.



You can fundraise for the Trust by using the online shopping charity donation websites Easyfundraising, Give as you Live and Amazon Smile. Simply create an account and select the 'Children's Sailing Trust' as your preferred charity before using the platform to search for the shop of your choice. The retailer will make a donation each time you use the service at no additional cost to you.



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Stable Court, Mawnan Smith, Falmouth, Cornwall TR11 5JZ
hello@childrenssailingtrust.org.uk | www.childrenssailingtrust.org.uk
T: 01326 702326
Registered charity no. 1165396



**Illustration by Aaliyah,
Manaccan Primary School**