



Introduction by Martin Barlow Chair of Trustees

I am incredibly proud of what the Children's Sailing Trust has achieved this year and feel fortunate to be a part of this exciting next chapter.

Our charity advances the education of children and young people by providing sailing and watersports facilities and opportunities that develop their physical, mental and spiritual capacities. We do this so that these children may grow as confident individuals and members of their community.

It was wonderful to see the return of young sailors to the Helford River after recent disruption and I'm proud of the team for their agile approach to making this happen. In total 415 local pupils from more than 20 schools took to the water in our charitable sessions this year, reaching an impressive 5,688 hours of subsidised activities.

Over the years I have been privileged to witness the hugely positive effects that our work has on young people. This year has been no different. Feedback from parents, teachers and pupils themselves tells us that the impact on children's well-being has been supercharged after the recent challenges of lockdowns.

Our Impact

In 2021, we provided:

2,844 subsidised watersports sessions

5,688 total hours of subsidised watersports

22 connections with local schools & education groups

59 students from SEND schools enjoyed watersports

5 assistant instructors & powerboat helms trained using grants

The Children's Sailing Trust's new accessible watersports and accommodation offering at Trevassack Lake on the Lizard Peninsula is already wonderfully complementing our work on the Helford River, further increasing the numbers of children we can support. With facilities unlike anywhere else in the UK, Trevassack Lake's particular focus will be on creating opportunities for those with physical disabilities and special educational needs to experience the joy of watersports for themselves. We see great potential in Trevassack Lake welcoming holidaymakers and the local community alike, in time increasing the financial sustainability of our charity.

My thanks go to Jakie Jewell for her hard work and for tackling the ongoing challenges of Covid-19 with an admirable determination. I offer my sincere thanks to Simon Osborne, our first CEO, who left in the summer with our gratitude for his achievements with the Trevassack Lake development and in building a reliable and professional team. We are also all particularly grateful to outgoing trustees Charles Richardson and Jonathan Thornton whose vision and commitment have both made significant and lasting contributions to the charity.

On behalf of the trustee team, I would like to thank the individuals, businesses, grant-givers and fundraisers for their dedication and support in helping our charity to reach an impressive milestone of 24 years.

I hope you find the following 2021 Annual Review an insightful and rewarding read.

Since 1997 we have worked on the Helford River to provide life-affirming watersports sessions for local education groups, primary and SEND schools.

In 2021 we adapted to accommodate smaller group sizes, with the team providing 3 days a week of subsidised sessions on the Helford River for 18 weeks, with 3 sessions run per day. This was a successful approach, with many children showing marked progression in skills, confidence and reduced anxiety as a result.

"Improved self-esteem, mental well-being, it's been fantastic to see the boost it's given my son and to be able to work as a team with his friends. He's now happier at home, which means we are happier. It's a win, win!"

- Local parent, Summer 2021



Sunset over Trevassack Lake, January 2022

Our Funders

We're grateful to the generous trusts, foundations, grant givers and private individual donors who supported the Children's Sailing Trust in 2021. Your backing ensures that our charity can provide life-affirming accessible and affordable watersports for all. Thank you.

Emmanuel Kaye Foundation

Tanner Trust

Sport England

The Clare Milne Trust

Trinity House Maritime Charity

RYA Foundation

Bradbury Foundation Hong Kong

The Fineman Trust

Bruce Wake Charitable Trust

Elmgrant Trust

CCF Bruce Davis Trust

Peter Harrison Foundation

Hedley Foundation

The Coulthurst Trust

Anonymous Trusts and Foundations



We're always on the lookout for volunteers across our Helford River and Trevassack Lake operations. If you have skills in gardening, watersports instruction, fundraising, or just a general willingness to get stuck in and make a difference, we'd love to hear from you!

✉ Children's Sailing Trust
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Children's Sailing Trust Annual Review 2021



Young sailors out on the Helford River, Summer 2021



**Thank you from
Jakie Jewell**
Chief Executive

This year has been a turning point. So many opportunities that were once on the distant horizon are now an exciting reality for the Children's Sailing Trust.

Having joined the team in February with a focus of developing and marketing Trevassack Holidays, I was delighted to have the opportunity to take over the Chief Executive role in September.

The history of Children's Sailing Trust on the Helford River and the exciting new project at Trevassack Lake have me hooked. Growing up along the Helford and seeing my children benefit from the programme has instilled a desire in me to give back and ensure the charity thrives. Previous experience in Cornwall's holiday accommodation sector also made me aware of the sincere lack of available properties for families with accessibility needs.

Trevassack Holidays

2021 saw us welcome our first guests to Trevassack Holidays, a collection of 6 houses and cabins a stone's throw from the water's edge. Trevassack Holidays is a game-changer in enabling accessible leisure opportunities for families in Cornwall. With 60% of current bookings being made due to the accessibility provisions, we're able to welcome everyone who would like much-needed time away together. Profits feed back into Children's Sailing Trust so that this new venture both increases charitable financial sustainability and provides holiday opportunities for all.



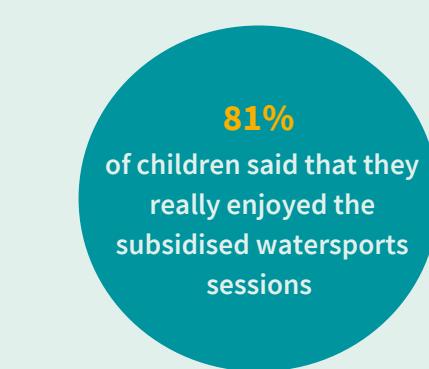
"We had the most amazing time. Our first son who is quadriplegic did some great 1:1 open water swimming along with our typical 6 yr old son who thoroughly enjoyed it and didn't want to come back home. We enjoyed our experience on the floating classroom and we did some kayaking with our special needs son.

Thank you so much for such a memorable holiday."

- Accommodation guest, November 2021



2021 Highlights

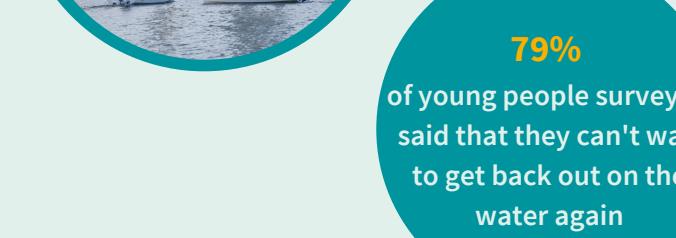


January

A trading subsidiary was created, Children's Sailing Trust Ltd, to deliver the accessible holidays and commercial watersports offerings on the Helford River and at Trevassack Lake in order to support the charity's long-term financial security.

February

Works continued at Trevassack Lake on the Lizard Peninsula. The lakeside Learning Centre, an educational space for children and a room for the local community to come together, had its full-length windows put in place to offer an incredible view across the water.



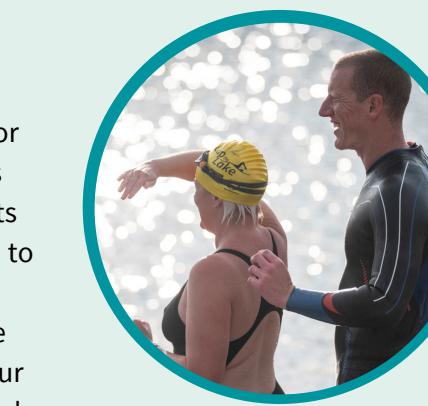
April

Easter Holidays saw the first young sailors back on the Helford River since the pandemic began, taking part in confidence-boosting holiday courses, youth clubs and multi-activity sessions.



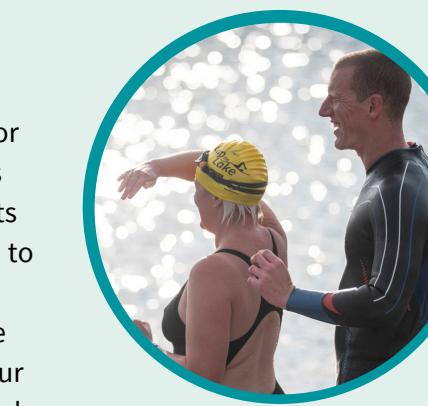
March

This month was an exciting moment for the charity, now known as Children's Sailing Trust. Our name change reflects our core mission of supporting children to become confident, competent and resilient problem solvers, both on the water and off it. It also encompasses our new fully-accessible centre at Trevassack Lake on the Lizard Peninsula that complements our ongoing affordable watersports offering on the Helford River.



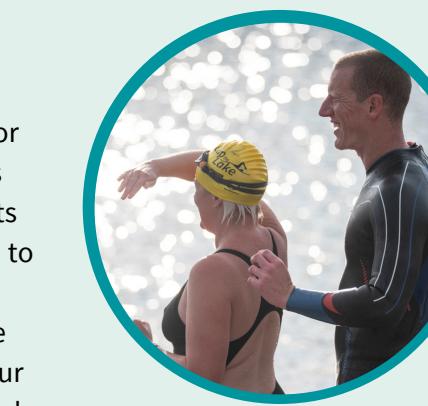
May

By reducing group sizes and remaining flexible we were able to resume subsidised sailing sessions on the Helford River this year. In total 415 schoolchildren were able to try life-affirming affordable watersports themselves.



June

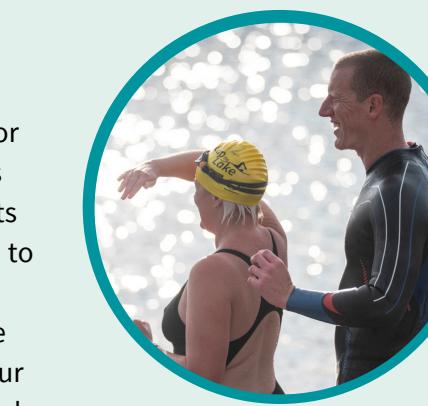
This month saw the first students participate in a 3-year pathway programme funded by Trinity House Marine Charity. This enabled secondary school students to continue their sailing journey and open up career choices in the marine sector.



August

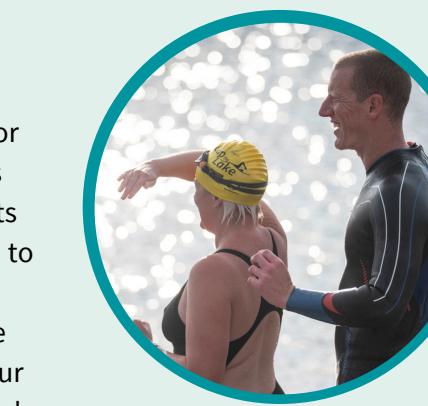
"It was my first time sailing ever and it's been the best week of the holidays ever."

Feedback like this from young sailors during a busy and fantastic August was heartwarming to receive. These sailing courses are not only an exciting way to spend school holidays, they also help us to continue our charitable work getting young people out sailing who might never normally get the chance.



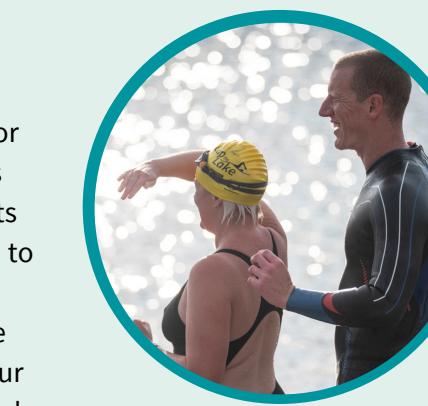
September

To complement the fully-accessible houses at Trevassack Lake, three container-style cabins were constructed, providing a greater range of options for those looking for an accessible holiday in Cornwall.



October

On a sunny day in October over 40 swimmers took part in a Trevassack Lake swim challenge. Hosted in collaboration with SureSwim Kernow and encouraging support for fellow Cornish charity Surfers Against Sewage, it was great to get people out in the water and raise the profile of our new venture within the local community.



December

The local community were welcomed to Trevassack Lake in December to visit Father Christmas on his floating, accessible grotto and chat with our watersports team to discover all that is on offer.

