



# Children's Sailing Trust

## COVID-19 Specific Risk Assessment

(last updated: 21.3.21 by Vicki Thurston (Activities Manager))

*In addition to the CST Risk Assessments and Site Specific Risk Assessments, the following risks have been identified specific to the transmission of Covid-19 within CST activities.*

<b>RISKS</b>			
<b>HAZARD / LOCATION</b>	<b>RISK TO</b>	<b>CONTROLLED BY.</b>	<b>FURTHER ACTION</b>
Staff spreading virus	All	<p>Staff to assess and confirm each day they show no signs of symptoms. Where there is uncertainty or symptoms are present, the staff member to not work until a negative covid test or self isolation period ends</p> <p>Reduce the use of helpers &amp; volunteers in a front facing capacity</p>	
Students & visitors spreading the virus	All	<p>Students asked at sign-in to confirm they are displaying no symptoms. Where there is uncertainty, student not allowed to take part in activity</p> <p>Students (or anyone in their household) displaying CV19 symptoms or in isolation to not take part in activity</p> <p>Students to sail on their own (or possibly with someone from their own household)</p>	<p>School groups are exempt from this due to the vigorous testing by school.</p> <p>Included within Activity T&amp;Cs with verbal confirmation at sign in</p> <p>Limit to tuition in doublehandlers to bubbled groups or when guidance changes</p>
General	All	<p>Maintain social distance recommended by government</p> <p>Group sizes to be inline with government guidelines</p>	Social distancing signage. DO and Instructors to monitor.

		<p>Disinfect hands regularly</p> <p>CST to keep accurate registers of who has attended sessions</p>	<p>Hand sanitiser available in Ursulas Shed, Carwinion Shed, RIBs and Ferry. All staff, students and parents required to use sanitiser upon arriving &amp; departing sessions.</p> <p>NHS Track &amp; Trace posters displayed at sign in/out locations &amp; all CST offices &amp; sheds</p> <p>CST Senior Team to keep up to date with government and NGB guidelines and advice, and to make changes to policies where appropriate</p>
Infection via equipment	Powerboats	<p>Minimise sharing of powerboats between helms</p> <p>No. of passengers being 'ferry'd' to take into account bubbles and spacing in PB</p>	<p>Disinfect steering wheel &amp; throttle at beginning of shift</p> <p>Disinfect powerboat touch points after every use</p>
	Dinghies	<p>Where possible students to use same kit for duration of course</p> <p>Kit wiped down after each session or course (before kit is used by a different person)</p>	<p>Student name put on boat / number on boat to student</p> <p>Where possible used kit to be isolated for as long as possible before re-entering the pool of working kit.</p>
	Apparel	<p>Staff to use their own BA, waterproofs, sailing kit etc, or be allocated the use of CST kit for the duration of work confirmed</p> <p>Students encouraged to use their own equipment</p> <p>CST supplied kit- allocated for a course where possible</p>	<p>Names/numbers on radios / other kit</p> <p>CST do not supply wetsuits or waterproofs. Emphasis in joining instructions for students to be dressed appropriately for conditions. The DO monitor and remove someone from session who is not dressed appropriately for conditions</p> <p>After use, cleaned with disinfectant</p> <p>Where possible used kit to be isolated for as long as possible before re-entering the pool of working kit.</p>

	Shore-based	<p>No CST managed toilets provided. Access to public toilets for staff &amp; students</p> <p>No changing facilities available</p> <p>Students use their own boat, or within bubbles for land drills</p> <p>Theory to be outside where possible. In inclement weather, outside shelter to be sought, or large inside spaces to be used with adequate ventilation &amp; social distancing</p>	<p>Sessions will not run when no access to public toilets</p> <p>Emphasis in joining instructions to lack of changing facilities</p> <p>Included in induction training and supervision/advice by DO Beginner tuition is limited to bubbled groups</p> <p>Gazebo available if shelter required. DO to assess and cancel session when risks outweigh mitigation or student comfort</p>
Safety situations & First Aid	ALL	<p>DO to be more cautious on ability of students, and reduce session down earlier than normal</p> <p>All staff given hand sanitiser to carry on person when on duty</p>	Instructors encouraged to reef the group earlier than normal
	Capsized Dinghies & MOB	<p>All students to be shown basics of capsize prior to going afloat</p> <p>MHF or floatation used on doublehandlers</p> <p>Staff to use the mast lift up and scoop method as primary means of assisting. Refer to MOB recovery for more invasive assistance</p> <p>Staff briefed on how to deal with a MOB who requires assistance into the PB</p>	<p>Use of students dinghy as a 'step' into PB. Use of towline with a bowline 'step'</p> <p>Staff to wear PPE if hands on help is needed</p>
	Rendering First Aid: minor	<p>Students (or guardians if onsite) encouraged to administer first aid themselves under guidance of instructor</p> <p>PPE (gloves, face shield and disposable aprons) available for staff to use if required to render First Aid</p>	All packaging & contaminated items to be bagged separately and disposed of inline with government guidelines.

	Rendering First Aid: Major	PPE (gloves, facemask and disposable plastic apron) available in all First Aid kits  All powerboat safety barrels to contain a resuscitation device / barrier	All packaging & contaminated items to be bagged separately and disposed of in line with government guidelines.
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